For More Info on our Advocacy Services

www.empowerservices.net Email: info@empowerservices.net

Your Voice Counts

Many people from all communities find it difficult, at times, to get their voice heard about decisions or issues that affect their lives.

Advocacy is taking action to help people to access information, explore and understand their



HELPING YOU TO MAKE A DIFFERENCE





options, and to make their views and wishes known.

.More often than not, people would welcome support with letter-writing, sending emails and making phone calls so that their voice counts. We also understand that people are often confused about their rights,

how to make claims they are entitled to or have suffered some injustice at the hands of those they have trusted to offer them a service or support. Your voice counts and you are entitled to say what you want, defend your rights and have access to fair opportunities .

Lead Community Advocate.

How You Can Make Your Voice Heard

It can be hard to get the help and support you need first time, and you may have to regularly argue the case to get the services you or your organisation need. The following "self-advocacy" tips can help you communicate your needs and will make any disputes or complaints you have to make easier:

- · Follow and respect the organisations complaint procedure .
- Be clear why you're making a complaint and the acceptable result.
- Complain as soon as possible when the details are still fresh in your mind.
- Be assertive, but stay calm and polite. Don't EVER lose your temper.
- Keep a record of all letters, emails, phone calls and WHO you deal with.

